**Diabetes Risk Assessment and Medical Referral or Signposting (DRAMeRS)**

**IRAS Number: 306747**

**Patient Recruitment Message**

**Email title:**

Research invitation: Screening for diabetes in dental practice

**Body of recruitment message:**

NHS Education for Scotland and the University of Aberdeen are inviting you to take part in a research project focused on screening for diabetes risk factors.

Study Title: Diabetes Risk Assessment and Medical Referral or Signposting (DRAMeRS)

IRAS Number: 306747

This study will involve answering some questions about your risk factors using a short online tool at your next appointment with your dentist. Once your risk status has been calculated, your dentist would then explain what, if anything, you would be advised to do next.

If you would like to take part, please do the following:

* Read the attached information sheet. You will have the opportunity to ask your dentist questions about the study when you go for your appointment.
* Read the attached consent form. You will be asked to sign an online version of this form when you go for your appointment. Please do not sign this before you come for your appointment.
* Make a note of your height, your weight, and your waist measurements – we will need these for the risk assessment. Diabetes UK has some advice for how to take your waist measurement: <https://www.diabetes.org.uk/preventing-type-2-diabetes/waist-measurement>

Data from the study will be kept confidential and it will not be possible to identify you from the findings. Results would help to inform decisions on whether to introduce measures such as risk assessments to dental practices more generally.

If you choose not to participate, this will have no impact on your dental care.

Further information can be found in the attached documents. You can contact Laura Beaton at [sdpbrn@nes.scot.nhs.uk](mailto:sdpbrn@nes.scot.nhs.uk) if you have any questions or would like to discuss the project in more detail.

Thank you and kind regards,

Laura Beaton

Specialist Research Lead

Dental Clinical Effectiveness, NHS Education for Scotland